



Date:

1. What results were achieved?

2. What progress was made?

3. What action is working?

4. Are there missed assignments that need to be addressed?

5. What new ideas or changes need to be considered?

6. Are there new perspectives or affirmations that need to be generated?

7. Update Progressive, Perpetual, and Performance Action Steps where needed.

8. Recommit and Take Action. *Your life is worth it!*