

Perpetual Action

Week Of: _____

| TASK | MON. | TUE. | WED. | THU. | FRI. | SAT. | SUN. | TOTAL/GOAL |
|------|------|------|------|------|------|------|------|------------|
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Progressive Action

Completed

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____