

Perpetual Action

Week Of: _____

TASK	MON.	TUE.	WED.	THU.	FRI.	SAT.	SUN.	TOTAL/GOAL
Up at 6:00 AM	1	1		1	1			4 / 4
Exercise	1		1		1			3 / 4
Read to kids	1		1	1		1		4 / 5
3 Servings of greens	4	2	2	3	0	3	2	16 / 21
8 Referral presentations	3	0	1	3	1	0	0	8 / 8
Prayer time daily	1	1		1	1		1	5 / 7

Progressive Action

Completed

1. Complete and deliver Tom's proposal ☐
2. Bring car through inspection ☒
3. Organize mailing list ☐
4. Complete Referral Presentation form ☐
5. Have staff meeting concerning Expo ☒
6. Plan year end business goals ☐
7. Put together chamber ad ☒
8. Take Timmy bike shopping ☒
9. Pick up surprise for Renee ☒
10. ☐
11. ☐
12. ☐
13. ☐
14. ☐
15. ☐

Tactical Accountability Questions

1. What results were achieved?
2. What progress was made?
3. What action is working?
4. Are there missed assignments that need to be addressed?
5. What new ideas or changes need to be considered?
6. Are there new perspectives or affirmations that need to be generated?
7. Update Progressive, Perpetual and Performance Action Steps where needed.
8. Recommit and Take Action. *Your Life is Worth It!*

Obstacles to Execution

Procrastination - The pit where opportunity is buried.

Blind Spots - Not being aware of additional opportunities that may be available.

Comfort Zones - More motivated by pleasing methods rather than pleasing results.

False Priority - The personal goals and objectives you have chosen are not as important to you as you make them out to be.

Not Organized Effectively - Slowed down by confusion and bottle-necks.

Value Conflict - Action steps may conflict with personal values or priorities.

Time Management Conflicts - Spending disproportionate amount of time in lower pay-off activities.

Attitude Conflict - Have not emotionally accepted and embraced the activities that need to be done.

Training Needs Uncertain of the best course of action needed to execute objectives.

Fear of Failure - Afraid a setback or mistake will be the end your opportunity.

Accountability – Not being held accountable to your most important personal action items.

Lack of Confidence - Lack the courage to take action for fear of making a mistake or rejection.

Lack of Commitment – Unwilling to do what you need to do to take care of business.